Progression in PE – Maypole Dance Year 6

Prior Knowledge	Create more complex controlled movement patterns.
National Curriculum links (Physical Education)	**Pupils should be able to:** Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. **Pupils should be taught to:** perform dances using a range of movement patterns compare their performances with previous ones and demonstrate improvement to achieve their personal best.
<u>Key knowledge – what they need to know.</u>	**Actions/Steps Working in groups Direction Choreography Performance/expression Rhythm** **Warm up: Pages 18-19 of the Maypole Manual** (see the resource An Introduction to Maypole Dances) **and pre-learnt material** **Lesson 1: Easter Plait Collaboration in small groups of 3 to create a very different pattern (plait the ribbon as though plaiting hair-weaving).** **Lesson 2: Helter Skelter Allows for a degree of individual style but needs focus to achieve best results.** **Lesson 3: Take a selection of simpler dances such as Barber's Pole and Chrysanthemum and Circassian Circle Create their own sequence of figures to music of their own choosing.** **Lesson 4 (repeat lesson 3): Take a selection of simpler dances such as Barber's Pole and Chrysanthemum and Circassian Circle Create their own sequence of figures to music of their own choosing.** **Lesson 5: Perform their routine To perform their routine to an audience and suggest ways of improving it.** **Key vocabulary**: Barber's Pole, Chrysanthemum, Circassian Circle, Choreography